

Breakfast Monthly Menu: Traditional & Grab and Go

**Students must select a ½ cup serving of fruit and 2 other food items to make a complete breakfast.**

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Entrée: 1)Chicken or Sausage with Biscuit 2) 2 <sup>nd</sup> Choice Entrée  AND Choice of: Fruit and/or Juice Milk	Choice of Entrée: 1)French Toast Sticks with Sausage 2) 2 <sup>nd</sup> Choice Entrée  AND Choice of: Fruit and/or Juice Milk	Choice of Entrée: 1)Breakfast Pizza  2) 2 <sup>nd</sup> Choice Entrée  AND Choice of: Fruit and/or Juice Milk	Choice of Entrée: 1)Chicken or Sausage with Biscuit 2) 2 <sup>nd</sup> Choice Entrée  AND Choice of: Fruit and/or Juice Milk	Choice of Entrée: 1)French Toast Sticks with Sausage 2) 2 <sup>nd</sup> Choice Entrée  AND Choice of: Fruit and/or Juice Milk

Second Choice Breakfast Entrees Available Daily:

Traditional:

Fruit & Yogurt Smoothie with Breakfast Crackers  
 Chicken or Sausage with Biscuit  
 Honey Bun  
 \*Cereal Bar

\*Breakfast Crackers  
 \*Assorted Dry Cereal  
 \*Yogurt  
 \*Poptart

**\* Student may select another Grain or Meat/Meat Alternate with this food item.**

Grab & Go Bags:

- Breakfast Bag 1: Manager will select 2 of the following items: Poptart, Cereal Bar, Cereal on Go, Cereal Bowl, Toast, Cinn Toast, Breakfast Crackers
- Breakfast Bag 2: Poptart or Cereal Bar AND Yogurt or Cheese Stick
- Breakfast Bag 3: Chicken or Sausage with Biscuit